

VOL. 19

MAR
2024

JACKSONVILLE STATE UNIVERSITY GRADUATE SCHOOL GRADUATE GAZETTE



 SUBSCRIBE

FACULTY SPOTLIGHT - DR. GINA MABREY

DR. GINA MABREY IS AN ASSOCIATE PROFESSOR AND DEPARTMENT HEAD OF KINESIOLOGY. SHE HAS SERVED THE JSU COMMUNITY FOR OVER 30 YEARS, INSPIRING COUNTLESS STUDENTS TO PURSUE THEIR ACADEMIC AND PROFESSIONAL GOALS. SHE IS ALWAYS LOOKING FOR WAYS TO IMPROVE THE QUALITY AND RELEVANCE OF THE KINESIOLOGY DEPARTMENT SPECIFICALLY THROUGH INTRODUCING NEW COURSES, PROGRAMS, AND PARTNERSHIPS THAT REFLECT THE LATEST TRENDS AND INNOVATIONS IN THE FIELD. UNDER HER LEADERSHIP, KINESIOLOGY HAS ADVANCED JSU'S EDUCATIONAL EFFORTS BY SECURING APPROVAL FOR NEW UNDERGRADUATE PROGRAMS IN SPORT MANAGEMENT, PUBLIC HEALTH, AND NUTRITION SCIENCE, AND GRADUATE PROGRAMS IN ATHLETIC TRAINING AND PUBLIC HEALTH. THROUGHOUT HER TENURE AS DEPARTMENT HEAD, THE DEPARTMENT OF KINESIOLOGY HAS GROWN FROM AROUND 300 MAJORS TO NEARLY 900 MAJORS.



DR. MABREY IS NOT ONLY A LEADER IN THE CLASSROOM, BUT ALSO IN THE FITNESS AND HEALTH INDUSTRY. SHE HAS EXCELLED IN THE AREAS OF SCHOLARSHIP AND SERVICE THROUGH HER WORK ON NUMEROUS COLLEGE AND UNIVERSITY COMMITTEES AS WELL AS COMMUNITY ORGANIZATIONS SUCH AS THE ALABAMA OBESITY TASK FORCE. HER DISSERTATION WORK ON "MOVEMENT INTEGRATION IN THE ELEMENTARY CLASSROOM" HAS BEEN PRESENTED AT THE NATIONAL LEVEL. SHE IS AN ACTIVE MEMBER OF SEVERAL NATIONAL ASSOCIATIONS, SUCH AS THE AMERICAN KINESIOLOGY ASSOCIATION AND THE AMERICAN HEART ASSOCIATION, WHERE SHE CONTRIBUTES HER EXPERTISE AND INSIGHTS ON VARIOUS TOPICS RELATED TO PHYSICAL ACTIVITY, WELLNESS, AND DISEASE PREVENTION. DR. MABREY'S CONTRIBUTIONS TO THE FIELD OF HEALTH AND WELLNESS ARE ADDITIONALLY EXEMPLIFIED THROUGH THE MANY LEADERSHIP ROLES SHE HAS HELD IN SHAPE AMERICA'S ALABAMA STATE ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, RECREATION, AND DANCE (ASAHPERD) SINCE 1999.

WITHIN ASAHPERD, SHE SERVED AS PRESIDENT, VICE-PRESIDENT PHYSICAL EDUCATION DIVISION, VICE PRESIDENT SPORT AND EXERCISE SCIENCE DIVISION, COLLEGE COUNCIL CHAIR, ETHNIC MINORITY CHAIR, AWARDS COMMITTEE CHAIR, AND DIRECTOR OF MEMBERSHIP.


DR. MABREY IS PASSIONATE ABOUT STAYING FIT AND HEALTHY, BOTH PHYSICALLY AND MENTALLY. SHE CONTINUES WORKING DILIGENTLY TO PROMOTE PHYSICAL ACTIVITY AND MOVEMENT INTEGRATION INTO THE LIVES OF THOSE AROUND HER AS A COACH THROUGH FASTER WAY TO FAT LOSS- THE PREMIER DIGITAL NUTRITION AND FITNESS COMPANY. HER HOBBIES INCLUDE ANYTHING FITNESS, JESUS, OR DISNEY RELATED, TRAVELING WITH HER LIFE PARTNER- GEORGE, AND LOVING ON HER EIGHT "GRANDS" AND YORKIE-LOLA. SHE IS A ROLE MODEL FOR EVERYONE WHO WANTS TO LIVE A BALANCED AND FULFILLING LIFE.

Learn more about the
Kinesiology program at
jsu.edu/kinesiology/graduate



HAPPY WOMEN'S HISTORY MONTH!

Have exciting graduate information or news to share? Scan the QR code or [click here](#) to submit.



GRADUATE GAZETTE

SPRING

JAX STATE WILL BE CLOSED FOR
SPRING BREAK MARCH 18 - 22

BREAK



DID YOU KNOW YOU CAN CHOOSE
TO DESIGNATE A GIFT DIRECTLY
TO THE GRADUATE SCHOOL?
VISIT [JSUEDU/GIVEJSU](https://jsuedu/givejsu)
FOR MORE INFORMATION.

Registration for Summer and Fall
semesters will begin soon! Meet with
your advisor now, if you haven't
already done so. You can find your
advisor for your program [here](#).



STUDENT SPOTLIGHT - JUSTIN FILES

JUSTIN FILES IS CURRENTLY WORKING WITH JACKSONVILLE STATE UNIVERSITY'S FOOTBALL TEAM, AS AN ASSISTANT ATHLETIC TRAINER. HE GRADUATED FROM THE MASTERS DEGREE PROGRAM IN ATHLETIC TRAINING AT JACKSONVILLE STATE UNIVERSITY AND PASSED HIS BOARDS IN 2023. THE BEST PART OF HIS TIME IN THE PROGRAM WAS THE RELATIONSHIPS THAT HE MADE WITH THE ATHLETIC TRAINING STAFF, ATHLETES, COACHING STAFF, AND THE OPPORTUNITIES TO TRAVEL WITH THE SPORTS TEAM.



graduate assistant positions

Check out the [Human Resources job postings page](#) for open Graduate Assistant positions. These positions provide financial assistance, enhanced educational experiences, and offer developmental opportunities.



Need help filling out the 24/25 FAFSA? You can schedule a Cocky Chat or attend a FAFSA help session. [More information here!](#)

